

# Vermont State University

## VTSU Graduate Program Plan of Study Outline

<b>Program Title with Concentration(s)</b> MS in Clinical Mental Health Counseling <b>VT Students 63 credit degree program</b>	1. Integrated Mental Health and Substance Use Counseling for Children, Youth & Families
	2. Integrated Mental Health and Substance Use Counseling for Adults

### Entry Requirements: Requirements for entry to the program (other than courses)

Row #	Requirement	
1	Graduate Application	<input checked="" type="checkbox"/> yes <input type="checkbox"/> no
2	Letters of Reference	<input checked="" type="checkbox"/> yes: Number required: <u>3</u> <input type="checkbox"/> no
3	Essay / Form	<input checked="" type="checkbox"/> yes <input type="checkbox"/> no
4	Official Transcripts	<input checked="" type="checkbox"/> yes <input type="checkbox"/> no
5	Interview	<input checked="" type="checkbox"/> yes <input type="checkbox"/> no
6	Online Learning Preparation Form	<input type="checkbox"/> yes <input checked="" type="checkbox"/> no
7	Resume / CV	<input checked="" type="checkbox"/> yes <input type="checkbox"/> no
8	Ugrad GPA Min.	X <input type="checkbox"/> yes <input type="checkbox"/> no
9	<ul style="list-style-type: none"> <li>• International Application with translated documents (if necessary) and evaluations.</li> <li>• TOEFL iBT (79) or IELTS (6.5) scores.</li> <li>• Other Items: Financial Viability; Photo; etc.</li> </ul>	<input type="checkbox"/> yes X <input type="checkbox"/> no
10	Other / Program Specific	<input type="checkbox"/> yes <input type="checkbox"/> no

### Pre-Program Courses: Courses required as pre-requisites or co-requisites for program entry.

Row #	Category	Example	
--	Course Type	Course title	Credits
1	N/A		
2			
3			

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### Core Courses: Required for all Concentrations.

#### Notes for Program Evaluation: VT Students 63 credit degree:

- Min GPA 3.0 required overall and min B- for any course to count toward the degree
- Sample, term by term **cohort schedule** shows an example of the course progression. All requirements are built into the cohort schedule, including prerequisites. The schedule is based on 6 credits per term, which is full-time at the Graduate level. Options for part-time, 3 credits per term are discussed on an as needed basis with the Advisor.
- Prerequisites listed below in the table
- Key Advising contacts happen during Orientation, 2-3 terms before Practicum is offered for the first time in the cohort schedule, any time a student has a conflict with the cohort schedule, one year prior to program completion, and as needed
- Students have 5 years to complete their degree
- Internship planning happens 2-3 terms before the course is offered in the cohort schedule. Students are connected with their Internship faculty 9-12 months in advance to get approval for appropriate placement sites that students will approach.
- Culminating project is Masters Project- students take a course for 1 cr. Per term, for two terms to complete a 30-50 page professional, analytical paper on a topic of their choice. Students find a second reader and also present their paper to the cohort and Instructor
- Cohorts are advised to submit the Graduation Application one year prior to program completion
- There are three specialization courses that are included in the cohort schedule. Students can change their specialization before taking the first of the three specialization courses and/or at the time of Practicum & Internship planning. The Internship experience needs to be congruent with the population of the students' chosen specialization.

Row #	Number	Title	Credits	Format Options See Sample cohort schedule. Format options published per term in the course catalog	Semester See Sample cohort schedule	Pre- or Co- requisites
1	CMH 5005	Orientation	0			
2	CMH 6005	Overview of Clinical Mental Health & Substance Use Counseling	3			
3	CMH 6105	Helping Relationships & Clinical Counseling Techniques	3			
4	CMH 6805	Diagnosis, Assessment & Psychopathology	3			
5	CMH 6215	Treatment Planning in Clinical Mental Health & Substance Use Counseling	3			
6	CMH 6155	Practicum	1			CMH 6105 & CMH 6805
7	CMH 6505	Internship I	3			CMH 6155

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8	CMH 6625 Internship II	3			CMH 6505, CMH 6155
9	CMH 6655 Program Evaluation and Systems Research	3			
10	CMH 6665 Professional Counseling Orientation & Ethics	3			
11	CMH 6825 Human Growth & Development	3			
12	CMH 6705 Organizational Leadership & System Change	3			
13	CMH 6755 Mental Health, Substance Use & Family Systems	3			
14	CMH 6765 Psychopharmacology in Mental Health & Substance Use, Across the Lifespan	3			
15	CMH 6905 Master's Project	2			CMH 6505 & CMH 6655
16	CMH 6885 Clinical Counseling Theories	3			
17	CMH 6835 Group Process	3			
18	CMH 6055 Measurement & Testing	3			CMH 6805
19	CMH 6855 Social & Cultural Foundations	3			
20	CMH 6865 Career and Lifestyle Development	3			

### Core Courses: Required for *Concentration 1- Integrated Mental Health and Substance Use Counseling for Children, Youth & Families*

#### Notes for Program Evaluation:

Row #	Number	Title	Credits	Format Options See Sample cohort schedule	Semester See Sample cohort schedule	Pre- or Co-requisites
1	CMH 6355 Clinical Skills I (child): Integrated Mental Health & Substance Use Counseling	3				CMH 6105, 6805
2	CMH 6365 Clinical Skills II (child): Crisis, Trauma & Complex Issues	3				CMH 6355, CMH 6105, CMH 6805
3	CMH 6895 Early Childhood & Infant Mental Health	3				CMH 6825
4						

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**Core Courses: Required for *Concentration 2- Integrated Mental Health and Substance Use Counseling for Adults***

**Notes for Program Evaluation:**

Row #	Number	Title	Credits	Format Options See Sample cohort schedule	Semester See Sample cohort schedule	Pre- or Co- requisites
1	CMH 6455	Clinical Skills I (Adult): Integrated Mental Health & Substance Use Counseling	3			CMH 6105, 6805
2	CMH 6465	Clinical Skills II (Adult): Crisis, Trauma & Complex Issues	3			CMH 6455, CMH 6105, CMH 6805
3	CMH 6925	Elders: Mental Health & Substance Use	3			CMH 6825
4						
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8						